

KATHERINA A. NIKZAD-TERHUNE

Graduate Center for Gerontology
University of Kentucky
306 Wethington Health Sciences Building
900 S. Limestone
Lexington, KY 40536-0200

Phone: (859) 257-1450 ext. 80268
(859) 523-8824 (Home)
E-mail: katherina.nikzad@uky.edu
Fax: (859) 323-5747

Education

Expected 2009	University of Kentucky	Lexington, KY
	<ul style="list-style-type: none">• <i>Ph.D. Gerontology</i>	
2007	University of Kentucky	Lexington, KY
	<ul style="list-style-type: none">• <i>Master's of Social Work</i>	
2003	Otterbein College	Westerville, OH
	<ul style="list-style-type: none">• <i>B.A. Honors Psychology (Summa Cum Laude)</i> <i>Minor: American Sign Language</i>	

Research Interests

The Dementia Caregiving Career
Caregiving Transitions
Mental Health and Aging
Long-Term Care Issues

Teaching Interests

Theories in Social Work and Gerontology
Psychopathology
Assessment and Intervention
Introduction to Gerontology
Aging and Mental Health

Competitive Grants

May 2007	Awarded: John A. Hartford Doctoral Fellowship, The Gerontological Society of America
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Honors

2007-present	Hartford Doctoral Fellow
2006	Emeriti Faculty Endowed Doctoral Fellowship
2006	National Mortar Board Graduate Fellowship
2006	Kentucky Association for Gerontology Lois E. Layne Award
2005	Keynote Student Speaker for the Southern Gerontological Society Student Mentoring Conference
2005	Donovan Scholarship in Gerontology
2005-present	The Chancellor's List, Academic Honor for Graduate Students
2004	Southern Gerontological Society Honorable Mention Poster Award

2003-2007	Kentucky Opportunity Fellowship
2003	Barbara P. Quilling National Graduate Fellowship (Alpha Lambda Delta)
2003	Benua Foundation Award for Academic Excellence
2003	Maria Leonard Senior Book Award for Highest GPA, Otterbein College
2003	Outstanding Senior Honors Thesis Award for Conducted Research
2002	Marilyn Day/Joanne VanSant Book Award for Highest GPA, Otterbein College
2002	Altercare Nursing Home Umbrella Award for Service
2001	Sheila Murphy Book Award for Highest GPA, Otterbein College
2001	JoAnne J. Trow National Scholarship (Alpha Lambda Delta)
2000	Stephen Karsko Memorial Award for Psychology

Publications

Peer-reviewed articles

Anderson, K. A., Nikzad-Terhune, K. A., & Gaugler, J. E. (2009). A systematic evaluation of online resources for dementia caregivers. *Journal of Consumer Health on the Internet, 13*, 1-13.

Roberto, K. A., Teaster, P. B., & Nikzad, K. A. (2007). Sexual abuse of vulnerable young and old men. *Journal of Interpersonal Violence, 22*, 1009-1023.

Nikzad, K. (2005). The graduate school trajectory. In B. Schmid (Ed.), *Aging in Time and Place. The 16th Annual Student Mentoring Conference on Gerontology and Geriatrics*. Athens, GA: University of Georgia Gerontology Center.

Laurie-Rose, C., Bennett-Murphy, L., Byard, L., & Nikzad, K. A. (2002). The role of the big five personality factors in vigilance and workload. *The European Journal of Personality, 16*, 185-200.

Book Chapters

Nikzad, K. A., Anderson, K. A., & Gaugler, J. E. (2008). The potential for empowered teams in home care settings. In D. Yeatts (Ed.), *Improving resident health and employee attitudes in long term care: Why and how to create empowered nurse aid teams*. (pp. 29-38). Baltimore, MD: Health Professions Press.

Nikzad, K. A., & Gaugler, J. E. (2008). Compromised family coping. In E. J. Ackley & G. B. Ladwig (Eds.), *Nursing diagnosis handbook: An evidence-based guide to planning care*. (8th Ed.). (pp. 261-266). St. Louis, MO: Elsevier, Inc.

Gaugler, J. E., Nikzad, K. A., & Zarit, S. H. (2006). Respite care. In R. Schulz et al. (Eds.), *The encyclopedia of aging* (4th Ed.). New York, NY: Springer Publishing Company.

Nikzad, K. A. (2005). Promoting family involvement in long-term care: A certified nursing Assistant's (CNA) perspective. In J. E. Gaugler (Ed.), *Promoting family involvement in long-term care settings: A guide to programs that work* (pp. 45-69). Baltimore, MD: Health Professions Press.

Papers Under Review

Nikzad-Terhune, K. A., Anderson, K. A., & Gaugler, J. E. (manuscript under review). Understanding caregiver burden and adaptation before and after nursing home admission. *Social Work in Health Care*.

Nikzad-Terhune, K. A., Ewen, H. H., & Gaugler, J. E. (manuscript under review). Long-term care for families. *Encyclopedia of Family Health*.

Presentations

Papers

Nikzad-Terhune, K. A. (2008, November). *Variations in the Onset of Dementia Caregiving: Implications for Resiliency Among Caregivers*. Paper presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.

Nikzad, K. A. (2007, November). *The potential for empowered teams in home care settings*. Paper presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.

Nikzad, K. A. (2006, November). *The onset of dementia caregiving: Implications for caregiver outcomes*. Paper presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.

Ewen, H. H., Nikzad, K. A., & Watkins, J. F. (2006, February). *Gerontology doctoral students' perceptions of interdisciplinary training*. Paper presented at the 23rd Meeting of the Association for Gerontology in Higher Education, Indianapolis, IN.

Posters

Nikzad-Terhune, K. A. (2009, February). *Dementia caregiving outcomes: The impact of caregiving onset, role occupancy, and care-recipient decline*. Poster presented at the Graduate Research Day at the Capitol, Frankfort, KY.

Nikzad, K. A. (2007, November). *Dementia caregiving outcomes: The impact of caregiving onset, role occupancy, and care-recipient decline*. Poster presented at 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.

Ewen, H. H., Nikzad, K. A., & Bowles, S. L. (2006, November). *Gerontology doctoral education: Students' perceptions of educational and research experience*. Poster presented at 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.

Nikzad, K. A. (2005, November). *Patterns of entry into the caregiving role and its implications for family caregivers*. Poster presentation at the Gerontological Society of America Conference, Orlando, Florida.

Nikzad, K. A. (2004, November). *The mediational effects of care demands on sequence of onset and emotional distress in dementia caregiving*. Poster presented at the Gerontological Society of America Conference, Washington, D.C.

Nikzad, K. A. (2004, April). *Sensory stimulation activities used as interventions for individuals with Alzheimer's disease*. Poster presented at the Southern Gerontological Society Conference, Atlanta, GA.

Nikzad, K. A., Stimer, E., & Solt, H. (2001, May). *Cognitive failures questionnaire as a predictor of sustained attention performance*. Poster presented at the Midwestern Psychological Association Annual Conference, Chicago, IL.

Nikzad, K. A., Solt, H., Tucci, J. & Hedrick, J. (2000, May). *Type A personality and vigilance: The effects of event rate*. Poster presented at the Midwestern Psychological Association Annual Conference, Chicago, IL, and at Otterbein College Women in Science Lecture Series.

Byard, L., Nikzad, K. A., & Hedrick, J. (2000, May). *A closer look at personality variables in vigilance*. Poster presented at the Midwestern Psychological Association Annual Conference, Chicago, IL.

Hedrick, J., Solt, H., Tucci, J., Byard, L. & Nikzad, K. A. (2000, May). *The influence of Mozart on vigilance performance*. Poster presented at the Midwestern Psychological Association Annual Conference, Chicago, IL.

Oral-Invited

Nikzad-Terhune, K. A. (2009, January). *Coping with holiday stress as a dementia caregiver*. Presented at monthly caregiver support group, Lexington, KY.

Nikzad-Terhune, K. A. (2008, November). *Understanding and working with the grief process as a clinician*. Presented at Family Counseling Service, Lexington, KY.

Nikzad, K. A. & Hosier, A. F. (2005, November). *The future of long-term care*. Presented at the Wesley Manor CCRC Advisory Board Retreat, Louisville, KY.

Nikzad, K. A. & Lewis, R. (2005, August). *Preventing and managing falls in the elderly*. Presented at the Area Agency on Aging 10B Inc., Uniontown, OH.

Nikzad, K. A. (2005, April). *The onset of dementia caregiving: Retrospective and prospective approaches*. Presented at the Southern Gerontological Society Student Mentoring Conference, Tybee Island, GA.

Nikzad, K. A. (2004, October). *The use of nonpharmacological interventions in Alzheimer's care*. Presented at the Continuing Education Workshop on Aging, Lexington, KY.

Nikzad, K. A. (2004, March). *Successfully applying for scholarships on a national level*. Presented to Alpha Lambda Delta Honor Society, University of Kentucky, Lexington, KY.

Research Experience

2003-present Research Fellow, Graduate Center for Gerontology, University of Kentucky, Lexington, Kentucky
1999-2002 Research Assistant, Perception Research Lab, Otterbein College, Westerville, Ohio

Teaching Experience

Courses (Graduate =G, Undergraduate = U)

2008 University of Kentucky, Lexington, KY
GRN 770 Feminist Aspects in Gerontology* (G)
2006 SW 420 Human Behavior in the Social Environment (U)
2006-2007 A&S 300 Guest Lecturer, Aging in a Contemporary Society (U)
2000 Otterbein College, Westerville, OH
PSYC 260 Ethical Issues in Psychology (U)

*Denotes new courses developed

Clinical Experience

2007-present Therapist, Family Counseling Service, Lexington, Kentucky
2000-2007 Certified Nursing Assistant, Chapel Hill Community, Canal Fulton, Ohio
2000-2002 Certified Nursing Assistant, Altercare Nursing Home, Westerville, Ohio

Internships

2007 Therapy Associate, Family Counseling Service, Lexington, Kentucky
2006 Center for Geriatric Psychiatry, Affinity Medical Center, Massillon, Ohio
2005 Case Management Intern, PASSPORT Division, Area Agency on Aging 10B, Inc., Uniontown, Ohio
2002 Substance Abuse Counseling Intern, Mental and Behavioral Health Unit, Massillon Community Hospital, Massillon, Ohio
2001 Unit Coordinator Intern, Special Care Unit, Chapel Hill Community, Canal Fulton, Ohio

Specialized Training

2007 Certified Social Worker (CSW) in the State of Kentucky
2004 Alzheimer's Association Lexington, KY
• *Adult Daycare Volunteer Training Certificate*

2001	Altercare of Westerville	Westerville, OH
	• <i>Alzheimer and Dementia Caregiver Training Certificate</i>	
2000	Chapel Hill Community	Canal Fulton, OH
	• <i>State Certified Nursing Assistant</i>	
	• <i>CPR Certification (Updated every 2 years)</i>	

Professional Activities

Current Memberships in Professional Organizations

2007-present	Society for Social Work and Research
2007-present	The Association for Gerontology Education in Social Work
2007-present	Cambridge Who's Who Among Executives & Professionals
2005-present	National Association of Social Workers
2004-present	Sigma Phi Omega Honorary Society for Gerontology
2003-present	The Gerontological Society of America
2003-present	Mortar Board National Honorary Society Alumni Member
2000-2007	American Psychological Association, Student Affiliate
2000-2007	Adult Development and Aging (Division 20 of APA), Student Affiliate

Service to Professional Organizations

2007-present	Mental Health Expert, Rachel's Vineyard Ministries
2007-present	Clinical Committee, Family Counseling Service
2005-2006	Vice President, University of Kentucky Gamma Mu Chapter of Sigma Phi Omega (National Honorary Society for Gerontology)
2005	Search Committee, The Emerging Scholar and Professional Organization (ESPO) Division of the Gerontological Society of America
2004-2005	Secretary, The Emerging Scholar and Professional Organization (ESPO) Division of the Gerontological Society of America
2004-2005	Author of monthly newsletter articles for <i>Gerontology News</i> , a publication of the Gerontological Society of America
2001-2002	Junior and Senior Advisor, Otterbein College Chapter of Alpha Lambda Delta (National Honorary Society for Women)
2001-2002	Treasurer, Otterbein College Chapter of Psi Chi (National Honorary Society in Psychology)
2000-2001	Vice President, Otterbein College Chapter of Alpha Lambda Delta

Service to University Organizations

2006-2007	Faculty Search Committee, Graduate Center for Gerontology
2004-2006	Administrative Council Representative, Graduate Center for Gerontology
2003-2005	Recruitment Committee, Graduate Center for Gerontology

Community Service

2009-present	Board of Directors, Birthright, Lexington, Kentucky
2005-2007	Volunteer, Winged Women, Inc., Lexington, Kentucky
2005-2007	Volunteer, Helping Hands Adult Day Care Center, Lexington, Kentucky

References

Pamela B. Teaster, Ph.D.
Professor/Director and Chairperson
Graduate Center for Gerontology
University of Kentucky
303B Wethington Health Sciences Building
900 S. Limestone
Lexington, KY 40536-0200
(859) 257-1450 x80196
pteaster@uky.edu

Joseph E. Gaugler, Ph.D.
Associate Professor
Center on Aging
Center for Gerontological Nursing
The University of Minnesota
5-160 Weaver-Densford Hall, 1331
308 Harvard Street S.E.
Minneapolis, MN 55455
612-626-2485
gaug0015@umn.edu

John F. Watkins, Ph.D.
Associate Professor
Graduate Center for Gerontology
University of Kentucky
306E Wethington Health Sciences Building
900 S. Limestone
Lexington, KY 40536-0200
(859) 257-1450 x80240
geg173@pop.uky.edu

Kay Hoffman, Ph.D.
Dean of Social Work/ Associate Professor
College of Social Work
University of Kentucky
619 Patterson Office Tower
Lexington, KY 40536
(859) 257-6654
khoffma@pop.uky.edu

Joy Jacobs-Lawson, Ph.D.
Assistant Professor
Graduate Center for Gerontology
University of Kentucky
306A Wethington Health Sciences Building
900 S. Limestone
Lexington, KY 40536-0200
(859) 257-1450 x80194
joy.jacobs-lawson@uky.edu